

## **₩ 4-H GROWS HERE**

#### **Virtual Community Service Projects**

Give back to the community while keeping a safe distance

Engaging in community service helps youth achieve better outcomes. The <u>Search Institute</u> identifies service to the community as one of <u>40 key developmental assets</u> in youth that "help young people grow up to be healthy, caring and responsible." In the <u>2018 Update on Developmental Assets Among the U.S.</u>, the Search Institute found that 52% of youth reported serving in their community one hour or more per week.

The Michigan 4-H Youth Development Guiding Principles also highlight the importance of youth community service, with the expectation that 4-H programs provide a space where "youth grow and contribute as active citizens through service and leadership." While the world grapples with a pandemic forcing people to keep their distance from each other, youth community service opportunities may look different but are still an important part of youth development.

The first step of any community service project is to understand the need and how best to address it. Making assumptions about community, agency or individual needs could result in wasted effort, limited impact or in some cases actually cause undue harm to intended recipients. When a young person or youth group identifies an area in which they would like to contribute, it's important to do some research. Think about the organizations already affecting change in your community and ask how you can help. Many organizations publish wish lists on their websites or would be happy to discuss youth project ideas. Due to restrictions related to the COVID-19 pandemic, some organizations are not able to accept donations or are only accepting the most needed items during certain hours.

See the Club Corner for ideas of service projects your club can do.

Article by Jackelyn Martin

An adult advisor delivers youth-decorated potted plants to an assisted living facility following a virtual leadership and community service experience. Photo by John Eby, Southwestern Michigan College.

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## Ingham County 4HMSU Extension



Be sure to like and follow us for the latest 4-H information.

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Eric Dobbrastine 4-H Program Coordinator dobbras1@msu.edu

Glenda Weiss 4-H Program Coordinator weissgle@msu.edu

> Lori Guy Office Coordinator Iguy@ingham.org

Michigan State University Extension
4-H Youth Development
Ingham County
121 E. Maple Street
PO Box 319
Mason, MI 48854
Ph: 517.676.7207 • Fax: 517.676.7288
msue.ingham@county.msu.edu

Ingham County 4-H
https://www.canr.msu.edu/ingham/4-h/

#### Facebook

https://www.facebook.com/lngham4H



#### Enroll in 4-H Now for 2020-2021



The new enhanced 4honline is now ready for reenrollment. Please log into your <a href="4HOnline">4HOnline</a> Family account to submit enrollment for each member of your family - participating Youth and Adults (\*Adults only if a volunteer).

Go to <a href="http://mi.4honline.com">http://mi.4honline.com</a> and enter the email and password you created last year. If you've forgotten your password, select "I forgot my password" and follow the instructions. Once at your family homepage, work through each member's page to complete/update personal information, authorizations and project information. PLEASE MAKE SURE CLUB AND PROJECT INFORMATION IS UP TO DATE! Pay special attention to your "Years in 4-H" and be sure to add each project a member is/has been involved in.

MSU Extension recognizes that the COVID-19 pandemic and other associated factors have put a financial strain on many families. Therefore, we have **opted to waive** the Michigan 4-H participation fee of \$20 per person or \$60 per family for the 2020-21 4-H program year which begins September 1, 2020. Some events may continue to have registration fees. You will continue to register through 4-H Online, but no participation fees will be collected or expected next year.

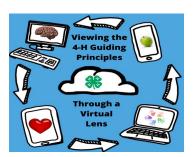
If you are interested in supporting 4-H in lieu of paying participation fees, please contact your 4-H program coordinator for opportunities.

**Community Leaders:** You must reenroll in order to have access to your club's information. Once approved by County staff, your access will be restored.

#### **Guidelines for Positive Youth Development Virtually**

As Michigan 4-H staff, volunteers and youth continue to practice safe social distancing, 4-H programs have moved online and many 4-H clubs are connecting virtually. To help both 4-H staff and volunteers view the 4-H Guiding Principles through a virtual lens, MSU Extension recently developed "Michigan 4-H Guiding Principles for Positive Youth Development: Virtual Programming Focus." This resource is a great tool for adults interacting with 4-H'ers to review as the consider they best ways to optimize 4-H programming for the online world.

View the Michigan 4-H Guiding Principles for Positive Youth Development online at <a href="https://www.canr.msu.edu/resources/michigan-4-h-guiding-principles-for-positive-youth-development-virtual-programming-focus">www.canr.msu.edu/resources/michigan-4-h-guiding-principles-for-positive-youth-development-virtual-programming-focus</a>.



#### Instructors wanted for 2021 4-H Exploration Days!



Plans are underway for an exciting and enhanced 4-H Exploration Days in 2021—and we need your help! MSU Extension's 4-H Exploration Days is a pre-college program for youth ages 12-19 years old. Volunteers are crucial to this exciting program that allows youth to try new things, gain confidence and independence through hands-on learning, and make friends that can last a lifetime.

The 2021 event is slated to be held June 23-25, 2021 on the campus of MSU. During this tumultuous time, MSU Extension is committed to ensuring that participants and volunteers of Exploration Days have a safe and enjoyable experience. While we hope to host this event in person for 2021, we are also preparing for the potential of having a virtual experience. We will continue to keep both volunteers and potential participants informed as to any updates as time progresses.

To make the most of our 2021 event, regardless of format, we are currently looking for instructors to host fun and engaging sessions. Please consider submitting a session proposal before December 1. Session proposals include a session title, description, basic idea of cost, any co-instructors/session supports (youth or adult) you plan to engage and their contact information.

New for this year, sessions will take place on Thursday (morning, afternoon or both) or Friday morning in either, 2.5, 3 hour or 6 hour time slots. To learn more about instructor roles and to access the form, please visit <a href="https://www.canr.msu.edu/4">www.canr.msu.edu/4</a> h exploration days/Volunteer-Information/ or contact Laurie Rivetto at rivettoL@msu.edu.

## 4-H'ers excel at 2020 Michigan State Fair 4-H & Youth Virtual Showcase; \$50,000 in youth scholarships awarded

Michigan 4-H youth didn't let the COVID-19 pandemic slow down their opportunity to demonstrate the skill, mastery and hard work they have put into this year's 4-H projects. These outstanding 4-H'ers took part in the first-ever Michigan State Fair 4-H & Youth Virtual Showcase, hosted by the Michigan State Fair and MSU Extension. This virtual platform allowed youth ages 5-19 to exhibit their work in all project areas alongside peers from across the state.

In addition to the opportunity to showcase their skills and receive accolades for their hard work, participants in the statewide event also had the opportunity to apply for up to \$50,000 in scholarships, generously provided by the Michigan State Fair and in partnership with the Michigan 4-H Foundation. Among those scholarships were new funds provided in 2020 to support 4-H Virtual Scholarships, specifically for 4-H youth. Recipients of the 4-H Virtual Scholarships are:

- Magdalene Callender, Ingham County
- Rebecca Havelka, Menominee County
- Travis Liford, Oakland County
- Adrian Noecker, Antrim County
- Elizabeth Shane, Washtenaw County
- Alexis Fisher, Monroe County
- ° Sarah Liford, Oakland County
- Allison Littlefield, St. Joseph County
- Kylie A. Ossege, Oakland County
- Troy Todd, Osceola County

"I have always dreamed of competing at the Michigan State Fair, but due to distance that was not possible," said scholarship recipient Rebecca Havelka. "The positive in this whole experience is that I had the ability to compete virtually at more shows then I could have ever imagined. Thank you so much for making this possible!"

In total, more than 400 youth from 62 Michigan counties entered more than 2,000 projects in the Michigan State Fair 4-H & Youth Virtual Showcase. Evaluation began on August 24 with youth receiving an A, B or C rating, as determined by project standards. To view placings for the 2020 Michigan State Fair 4-H & Youth Virtual Showcase, visit <a href="https://www.michiganstatefairllc.com">www.michiganstatefairllc.com</a>.

## Getting crafting — for free!



Through National 4-H Council's partnership with JOANN Fabric and Crafts, 4-H'ers can expand their hearts, hands, and minds through new crafting projects on Creativebug.com!

When you sign up for a JOANN 4-H Rewards Card, not only will you save 15 percent off every purchase and have a portion of the sale go back to support 4-H, but you also will get free access to Creativebug.com!

Creativebug.com has thousands of award-winning arts and crafts video classes taught by recognized design experts and artists. Already have a rewards card? Go to www.creativebug.com/lib/4-h and use your rewards card number to sign up for free Creativebug access today.

#### **4-H STATEWIDE VIRTUAL PROGRAMS**

#### 4-H Jedi Training

A new 4-H Jedi Training, just for teens. Open to youth ages 13 and up, this club is guaranteed to be loaded with Star Wars clips and discussion. Each session explores a new skill of the Jedi through mindfulness, physical activities, and at home challenges. Our last sessions will be the Jedi trials, where after completion you will become a Jedi knight. Join us Tuesday evenings on zoom, October 6 - November 3. 6:00-7:00pm EST.

To register, visit: <a href="https://events.anr.msu.edu/JediTeens/">https://events.anr.msu.edu/JediTeens/</a>. For additional information, please contact Jessica Price at <a href="mailto:brown130@msu.edu">brown130@msu.edu</a> or Susan Kirkman at kirkmans@msu.edu.





#### 4-H Sooper Yooper Scavenger Hunt

Are YOU a Sooper Yooper? Do you think you know everything there is to know about the UP? Challenge your family through a scavenger hunt to test your Yooper knowledge! Whether you live here, have a cabin here, vacation here, or have never visited-- you are sure to learn some fun facts about the UP while completing missions on the GooseChase app. From November 25-29<sup>th</sup>, participate in the UP Scavenger Hunt from your backyard, home, cabin, or wherever your family will be during this time! All you need is a smart phone or tablet with a camera for this FREE family program. Any youth 13-19 can download the GooseChase app to their phone or tablet; younger youth or youth without a phone or tablet can partner with an older sibling or parent/guardian to play as a family team. Prizes will be awarded!

Registration: https://events.anr.msu.edu/SooperYooperChallenge/

#### Michigan Youth Fall-A-Thon

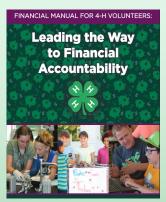
Competing as household teams, youth ages 5-19 complete fun, fall-themed missions and share progress with other participants using a smartphone or tablet. Covering topics from hunting and ORV safety to invasive species and scat identification, Fall-A-Thon promises six fun-filled days of connecting to nature, wherever you are.

Register at bit.ly/34NEaas

Hosted by: MSU Extension, Michigan 4-H, Michigan Department of Natural Resources, and Huron Pines AmeriCorps







The 4-H Financial Manuals for Volunteers and Treasurers support 4-H volunteers and adult and youth treasurers in their roles managing 4-H funds.

Small revisions and updates to these books were made in 2020. The online PDF versions of the manuals contain the changes. However, if you have a printed or hard copy version that does not contain the 2020 changes, a one-page document is available online that notes all the important content adjustments. It is recommended that you print this resource and store it in your manual for quick reference.

Download the 2020 changes resource at <a href="www.canr.msu.">www.canr.msu.</a>
<a href="www.canr.msu.">edu/resources/4</a> <a href="https://h.financialmanagement\_toolkit">h</a> <a href="mailto:financialmanagement\_toolkit">financialmanagement\_toolkit</a>. For more information, please contact your local county staff member.



For more information and to register for these free online workshops visit https://events.anr.msu.edu/InvestigatingFoodwithScience/
To join by phone, call in advance to register at 877-643-9882.



REGISTER. HTTPS://EVENTS.ANR.MSU.EDU/HOMEALONESAFELY4/

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#### Budding Bookworms 4-H Spin Club

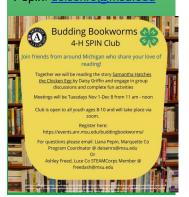
If your youth loves reading then this is the club for you! Join in on this six-week series beginning Friday Nov 3-Dec 8 that will encourage young readers through chapter book reading, discussion, and fun activities. We will read Samantha Hatches the Chicken Egg by Daisy Griffin (geared toward readers ages 7 to 11). We will ask questions and have discussions sharing our thoughts about the book. We will review what we have learned using Kahoot! and participate in other engaging activities that will enhance this reading experience!

Register for this free club here: https:// events.anr.msu.edu/ buddingbookworms/

Youth must also be enrolled in this club through 4-H Online (Club is listed under Luce County – SPIN Budding Bookworms): <a href="https://v2.4honline.com/#/user/sign-in">https://v2.4honline.com/#/user/sign-in</a>

Book can be purchased on Amazon for \$8 <u>here</u> or is available on various online library/local library sites.

If you have trouble registering, or general questions about this club please email Ashley Freed: <a href="mailto:freed-ash@msu.edu">freed-ash@msu.edu</a> or Liana Pepin: <a href="mailto:deisenro@msu.edu">deisenro@msu.edu</a>





MICHIGAN STATE | Extension

FLOUR TORTILLA MAKING 101

TORTILLA DE HARINA PARA HACER 101

Learn how to make flour tortillas Aprende a hacer tortillas de harina.

In this class participants will learn how to make fresh home-made flour tortillas from scratch.

DATE: November 1, 2020 TIME: 3:00 PM

COST: FREE

TO REGISTER:

https://events.anr.msu.edu/





The first recorded use of tortillas dates to 10,000 BC, and were made from corn. According to legend, tortillas were first made by a Mayan peasant for his hungry king.



When the Spanish arrived in 1490-1519, they discovered native inhabitants like the Aztecs and others all ate some sort of bread made from maize (corn). The Spanish Conquistadors quickly spread news of this strange new bread. It wasn't long before wheat was brought over to the New World from Spain and the birth of flour tortillas happened.

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Join Us Online

## VIRTUAL LEARNING TOOLS WEBSITE

Parents, Teachers, and Homeschool Families https://www.extension.msu.edu/virtual-learning-tools









You're invited to attend a virtual open house for the MSU Institute of Agricultural Technology to learn more about MSU's academic programs and many partnerships with Michigan community colleges.

The open house events begin at 6:30 p.m. and will run approximately 45 minutes. The presentation will include information about academic programs, career pathways, enrollment process, resources for student success, and key campus life opportunities, as well as providing an opportunity for youth to ask questions at any point throughout the presentation.

To register, click on the preferred date below:

Tuesday, November 3 www.canr.msu.edu/events/iatvirtual-open-house-3-nov-2020

#### Tuesday, November 17

www.canr.msu.edu/events/iatvirtual-open-house-17-nov-2020

Questions? Contact <u>ati.iat@msu.edu</u> or call 517-884-7334.



### Youth Armory Virtual Babysitters Training

November 9 - 12 at 3:30pm

Join us via Zoom for this 4-day instructional club. Using the 4-H Baby Sitting Curriculum for Youth, this event takes teen youth interested in childcare through everything they need to be a responsible, caring, trustworthy, competent, capable, and safe babysitter.

This virtual training consists of an hour and a half segments November 9 through 12. Upon successful completion of the course, teen youth will be awarded a Certificate of Completion. **Registration is open to youth grades 6-12.** 

#### **REGISTER HERE:**

https://events.anr.msu.edu/BabysittingCourse\_YouthArmory/



YouthArmory/
Extension

## ENHANCE YOUR 4-H SHOOTING SPORTS CLUB AND PROJECT MEETINGS

## ON TARGET TUESDAYS

Series of FREE Shooting Sports Workshops featuring Olympic Athletes and USA Top Shooters

SHOTGUN O RIFLE O ARCHERY O PISTOL

6:30-7:30 pm PST

OCT 6, 13, 20 & 27 NOV 3, 10 & 17 DEC 1

Register for these webinars through your Zoom account: <a href="https://wsu.zoom.us/webinar/register/WN\_7KOfRul9TTm">https://wsu.zoom.us/webinar/register/WN\_7KOfRul9TTm</a>
OUewf7mxLuA

Sponsored by Washington State 4-H Shooting Sports





Questions? dan.white@wsu.edu a.hernandez-hall@wsu.edu



The mission of 4-H is to empower youth to reach their full potential, working and learning n partnership with caring adults. Extension programs are open to all without discrimination. Evidence of noncompliance may be reported through your local Extension office.





JOIN US ONLINE

# SUCCESS AND SAFETY ON VOLUNTEER- LED VIRTUAL PROGRAMS

Extension

November 12 | 7:00 pm EST Register Here: https://bit.ly/3kfxybv

OR

November 18 | 7:30 pm EST Register Here: https://bit.ly/3kg7bSH



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#### **4-H Volunteer Reenrollment**

Go to MSU Extension <u>Volunteer Central</u> (<u>https://msu.samaritan.com/custom/502/volunteer\_home</u>) and click "Login" which is located on the upper right hand side of the web page

Your User ID: [email address]

Password: Pa\$\$1234

Click Edit Profile

Review your information and update anything that is inaccurate

Replace placeholder Emergency contact information

Upload a photo if you would like

Change your password and save it. You will need this annually when you consent to the background check and if you want to explore volunteer opportunities and shifts as this feature gets used more in the future.

Click Update Form

Currently there is one training module available, Welcome to MSU Extension. This is not required for current volunteers, but we welcome you to review this overview of our organization if you are interested. More training modules will be added in the future and we would encourage you to check back regularly to participate in the modules.

**Volunteer Central does not replace 4-HOnline.** 4-HOnline is our 4-H specific database for volunteers, youth and families. It will remain an important part of your volunteer role to be active in both Volunteer Central and 4-HOnline.

#### **Virtual Community Service Projects**

<u>Michigan State University Extension</u> suggests the following lists of ideas for youth to consider when planning a community service project during a pandemic. This is not an exhaustive list.

Projects that can be completed with materials at home are probably the most accessible for all youth. These project ideas require basic and minimal supplies.

- Baking homemade dog treats for animal shelters.
- Writing letters to seniors or essential workers.
- Creating artwork for seniors, nursing homes or hospitals.
- Creating and displaying artwork for your community through sidewalk chalk, murals or yard signs.

Projects requiring special supplies are also possible. Service project organizers could provide families with a supply list or make arrangements to conduct a non-contact supply drop off.

- Assembling no-sew fleece tie blankets for local hospitals, women and children's shelters or nursing homes.
- Sewing, cutting or ironing homemade masks for local schools or daycares.
- Creating homemade dog or cat toys for shelters.
- Painting garden markers or signs for community gardens.
- Assembling learning or craft kits for youth that may be isolated at home.
- Planting flowers or houseplants in containers for a local nursing facility.

Youth could organize a community or neighborhood donation drive to collect needed items for local service agencies. Work with youth to establish a non-contact drop off location.

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- Food drive for food banks.
- Hygiene drive for food banks or local service agencies.
- Diaper/wipes drive for local baby closet.
- Pet supplies drive for local animal shelter.
- Children's clothing/toys/books/diapers drive for local foster closet.
- Hats/gloves/mittens/winter coat drive for local homeless shelters or schools.
- Pop can tab drive for Ronald McDonald House.

Some service projects can be conducted entirely over the internet. These often require a device and a reliable internet connection.

- Playing virtual card games or board games with seniors isolated in their homes or nursing facilities.
- Assisting a local nonprofit with social media awareness campaign or recording a video or testimonial to support their cause.
- Reading to young people through a local playgroup or library.
- Tutoring younger students utilizing a remote meeting platform.
- Serving as a moderator or tech support for a virtual community meeting (even assisting your 4-H club or county 4-H council).

Some service projects must be conducted as a family unit, as they require travel to a designated location or require parental involvement.

- Park or roadside cleanup
- River/watershed cleanup
- Adopt-A-Beach cleanup
- Community garden cleanup
- Planting trees
- Raking leaves, cutting grass or shoveling snow for physically challenged neighbors.
- Making phone calls to friends or neighbors who might be lonely.

Be sure to remember to connect with existing service organizations or efforts to support and contribute to their work, and to make sure your efforts are meaningful. Every community is different and may not have the same types of agencies. Here's a list of the kinds of agencies youth may be able to partner with in their projects.

- Local animal shelter
- Local women's shelter or family shelter
- Foster parent support group/agency
- Schools
- Community action agencies
- Food banks/organizations serving community meals
- Senior centers
- Nursing or assisted living facilities
- Single parent support groups
- Hospitals/free clinics
- Community gardens
- Local conservation organizations
- Department of Natural Resources/U.S. Forest Service/U.S. Park Service

For even more ideas, explore these resources:

Youth Service America- Service project ideas that can be done at home

Youth Service America- How Youth Can Help Communities Respond to and Recover from the Coronavirus Pandemic

Learning Ally- Virtual Volunteer Opportunities

#### 4-H Events and Workshops

#### November 6-11: Michigan Youth Fall-a-thon

Online via GooseChase

Join the fun on the GooseChase app as youth compete as household teams to complete challenges in this fun, self-paced, virtual fall event!

https://www.canr.msu.edu/events/michigan-youth-fall-a-thon

#### November 9-13: 4-H Minecraft SPIN Club

Online via Zoom

Join the 4-H Minecraft SPIN Club and explore computer coding through the world of Minecraft.

https://www.canr.msu.edu/events/4-h-minecraft-spin-club-nov-9-13

## November 9-12: MSU Tollgate Farm Virtual Vet Science Interactive Series Online via Zoom

Explore veterinary science through interactive sessions as you visit Tollgate Farm virtually to learn about livestock and companion animals through STEM challenges and learning!

https://www.canr.msu.edu/events/msu-tollgate-farm-fall-virtual-vet-science-interactive-week-long-series

#### November 9-12: Youth Armory Babysitting Training

Online via Zoom

Join this four-day training designed to teach teen youth everything they need to know about being safe, effective, trustworthy and responsible babysitters.

https://www.canr.msu.edu/events/youth-armory-babysitting-training

#### November 10: Wild Spartans Series

Online via Zoom

Join 4-H staff to meet scientists from across MSU Extension, the MSU Department of Fisheries and Wildlife, and the Michigan Department of Natural Resources.

https://www.canr.msu.edu/events/wild-spartans-series-november

#### November 25: 4-H Sooper Yooper Goose Chase Scavenger Game

Online via GooseChase app

Learn fun facts about the U.P. while completing missions on the Goose Chase app! Participate in the UP Scavenger Hunt from your backyard, home, or wherever your family will be during this time!

https://www.canr.msu.edu/events/4-h-sooper-yooper-goosechase-scavenger-game

For the most up-to-date events listing, go to http://4h.msue.msu.edu/events.

## 4-H scholarships available



Outstanding Michigan 4-H members who are involved at county, regional, state, national or international levels are eligible to apply for Michigan 4-H scholarships to help fund their college experience.

A number of scholarship opportunities exist, ranging in value from \$500 to \$2,500. All applications are due by November 1.

Learn more and access applications materials at: <a href="https://www.canr.msu.edu/4\_h\_scholarships\_and\_recognition\_program/4\_h\_scholarships\_">www.canr.msu.edu/4\_h\_scholarships\_and\_recognition\_program\_program\_p